



GERMS

ACTIVITY WORK BOOK

BYE,
BYE
GERMS!



SOAP FOR HOPE
IS HERE!



NOOO!

Draw a line to the correct answer.



YES
NO

**Let's practice
GOOD HABITS!**

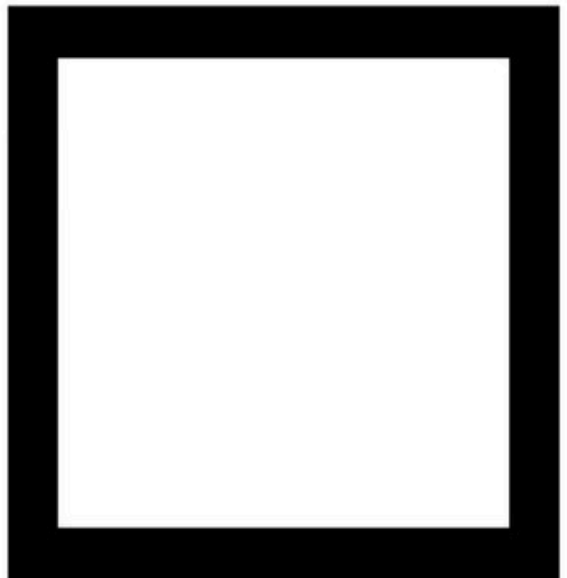
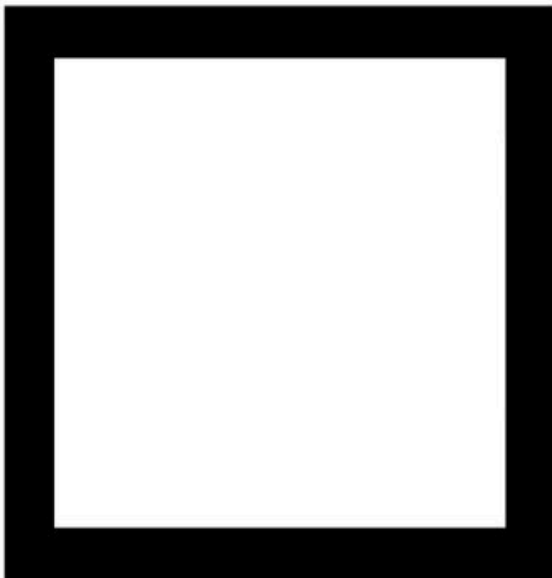
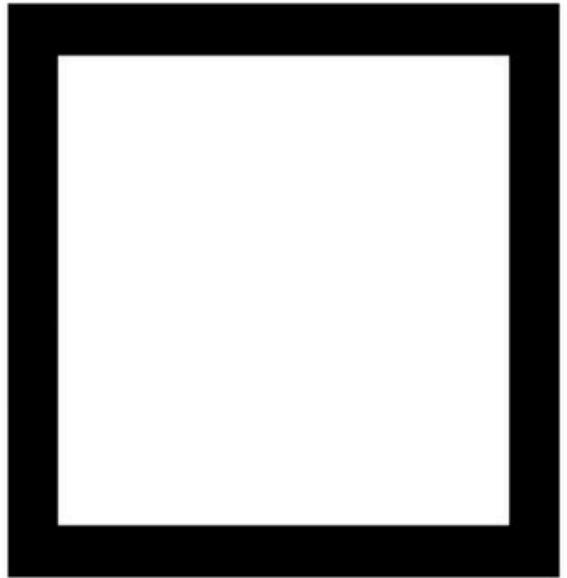
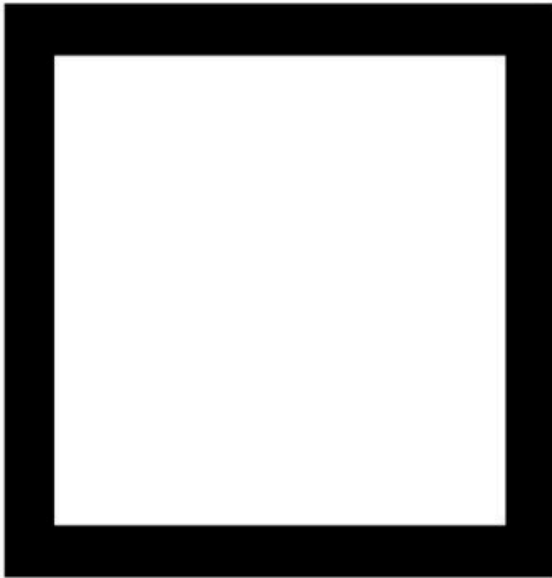
when sick, practice frequent handwashing by
singing a popular song or counting to 20.
Practice singing a song and circle each picture.



Tipsky

Name The Germs!

Draw a picture of a germs and name it.



Antibacterial- Active against than can kill or eliminate bacteria,

Vaccine- A injection given to protect against infections or diseased.

Microscope -A tool used with a special glass called a lens to make objects appear much bigger.

Cell- Is the smallest unit of organisms with the basic properties of life.

Virus-Infectious particles that lives inside of living organisms.people, plant and animals.

Antibiotic-A substance produced that is used kill or prevent the growth of harmful germs.

Prevent -To keep from happening.

Mucous- A slippery thick substance that coats and moistens the passages and lining of the body mouth, nose, lungs stomach.

Pathogens- Tiny organisms that invade the body and make it sick.

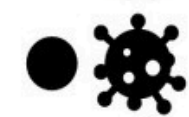
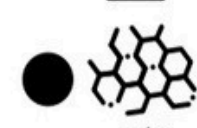
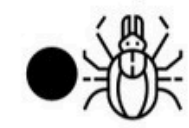
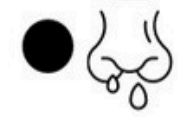
Host- A living plant of animal in which parasites live.

Flu-A very contagious viral infection of the respiratory system, causes aches, fevers, and coughs.

Fungus? Fun-gi - A simple organism or living thing releasing tiny spores that germinate and grow above the ground.

Cold- A viral infectious disease that affects the upper resoiratory system

Antibodies- Is a large protein that attacks and sticks, and neutralizes bacteria and viruses



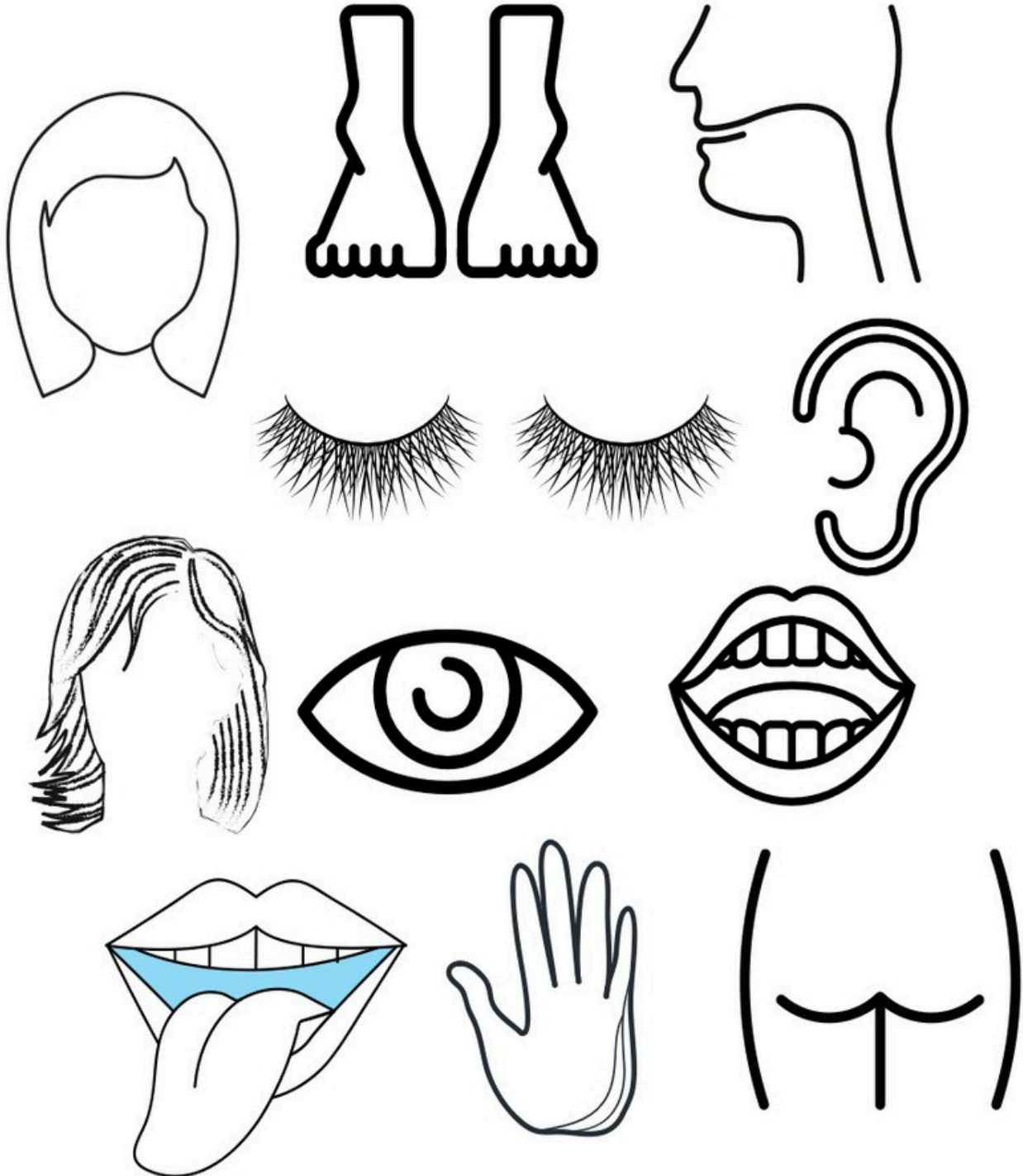
Soapforhopeandliteracy.com

WHAT PARTS OF THE BODY CAN GERMS ENTER?

CIRCLE YOUR ANSWER AND COLOR

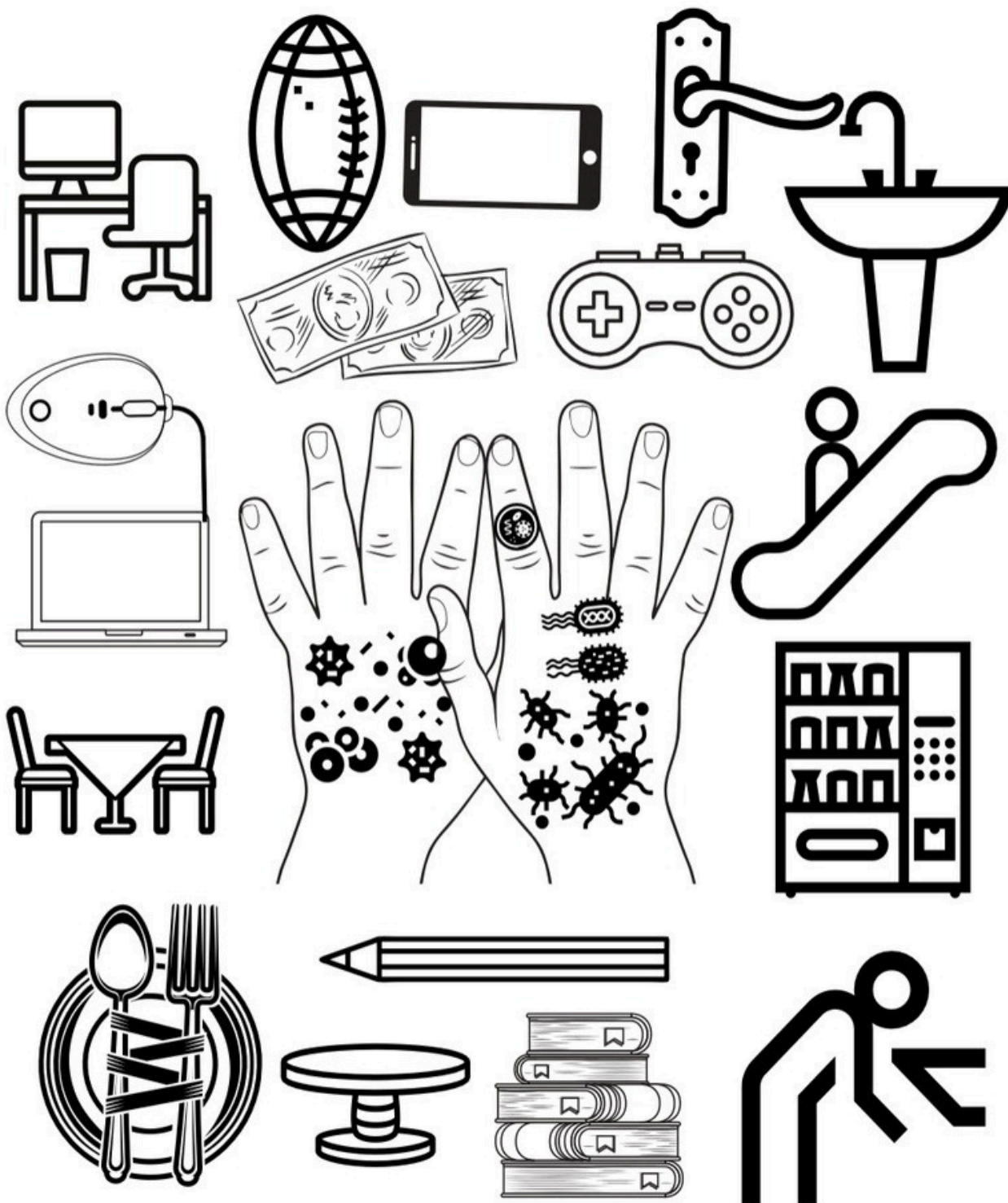
WHAT PARTS OF THE BODY CAN GERMS ENTER?

CIRCLE YOUR ANSWER AND COLOR



Color the things that can carry germs

Germs are Everywhere!



TRUE OR FALSE
WRITE T = TRUE AND F = FALSE

T

Sneeze and cough into elbow

_____ Wash your hands with plain water

_____ Clean surfaces with wash cloth

_____ Wash your hands with soap and hot water

_____ We can prevent viruse by getting vaccines

_____ Good germ can make you sick too

_____ clean surface with anti-bacterial soap and water

_____ Good germs and bad germs can make you sick

_____ Viruses invade and attack healthy cells

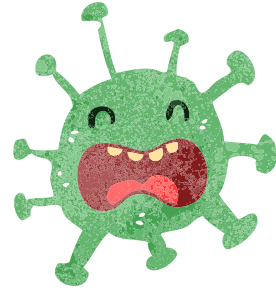
_____ Germs gets into the body by finger nails

_____ The hair inside you nose catches viruse

_____ Good germs help the intestines use nutrients in food

Name: _____

GERMS Research



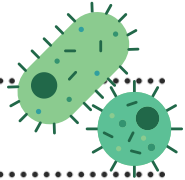
What are Germs?

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.....

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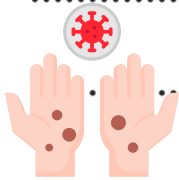
How do they spread?

.....

.....

.....

.....



Ways to protect yourself:

.....

.....

.....

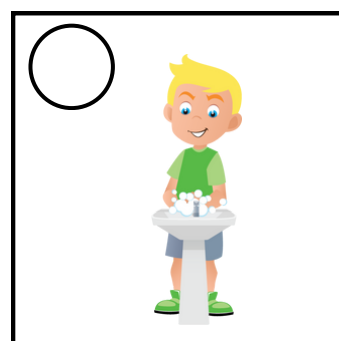
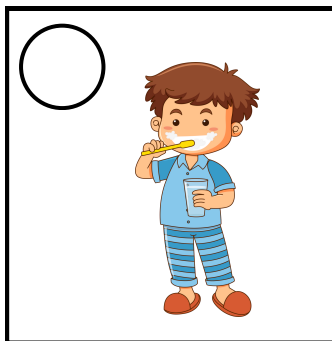
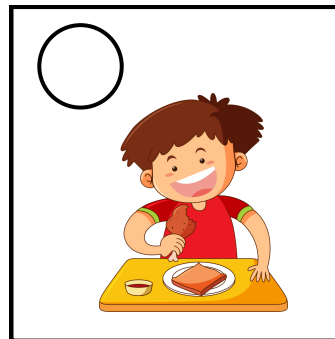
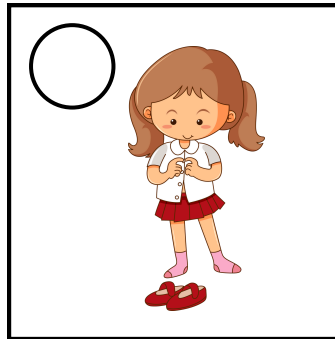
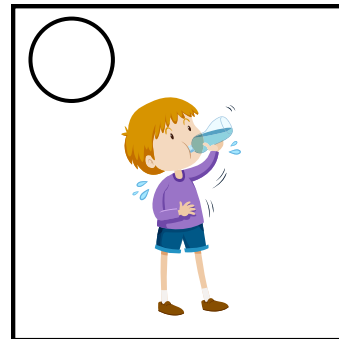
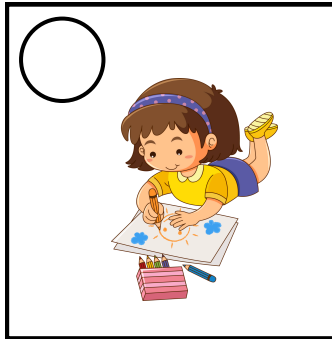
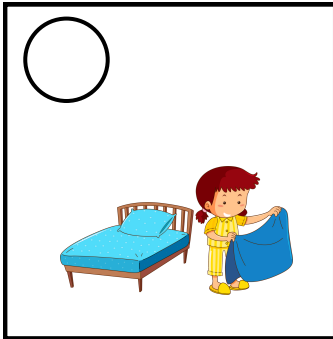
.....



Name: _____

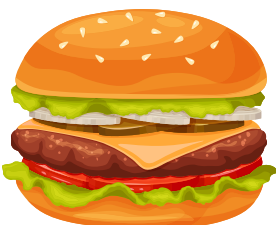
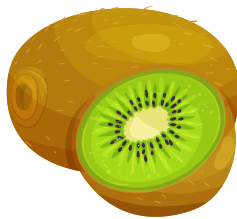
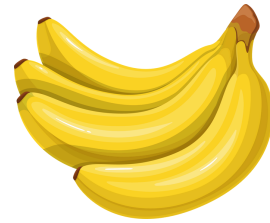
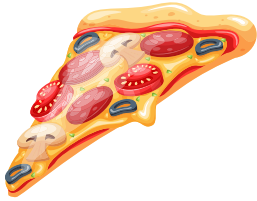
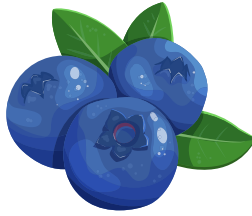
Healthy Habits

Color the circle with the correct healthy habits.



SORTING HEALTHY AND UNHEALTHY FOODS

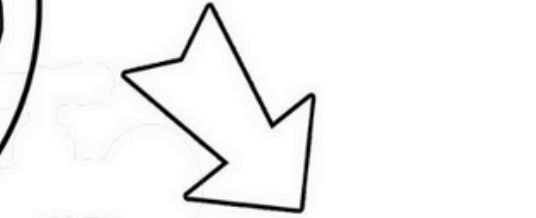
Carefully cut out the foods and stick them into the healthy and unhealthy categories on the sorting mat.



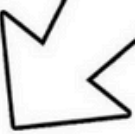
1 START



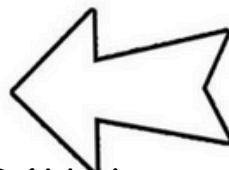
Wet hands
with water



Apply hand
wash (soap)



Lather and wash
for at least 30
seconds

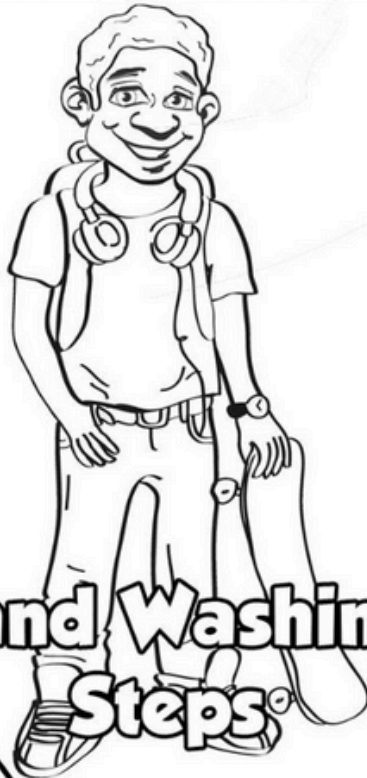


Rinse both sides
of hands with
water



Dry hands and
shut off faucet
with towel

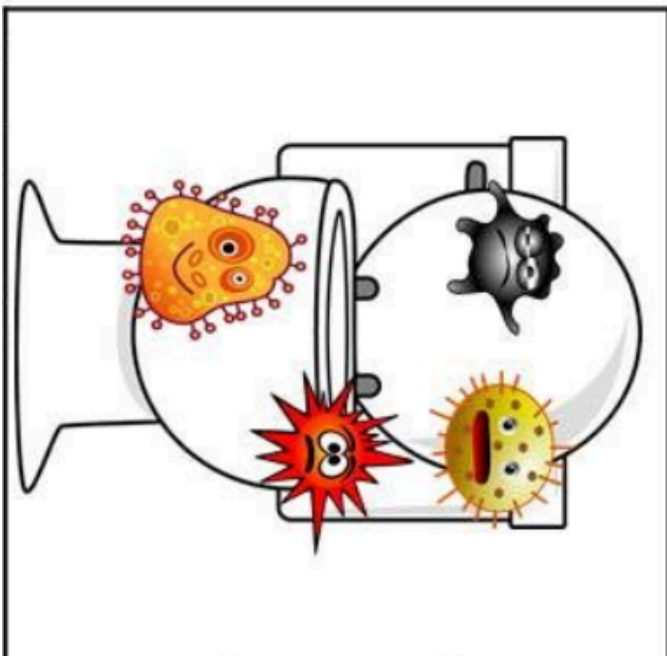
Hand Washing
Steps



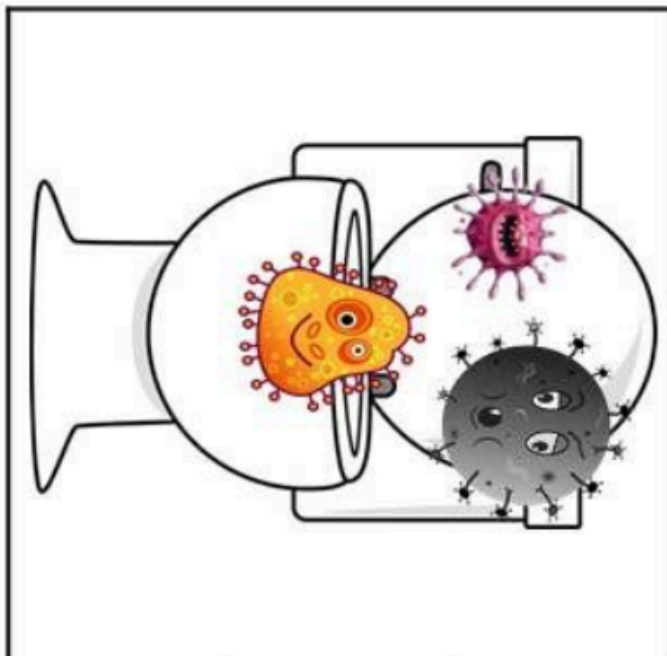


Germs
Are Not for
Sharing

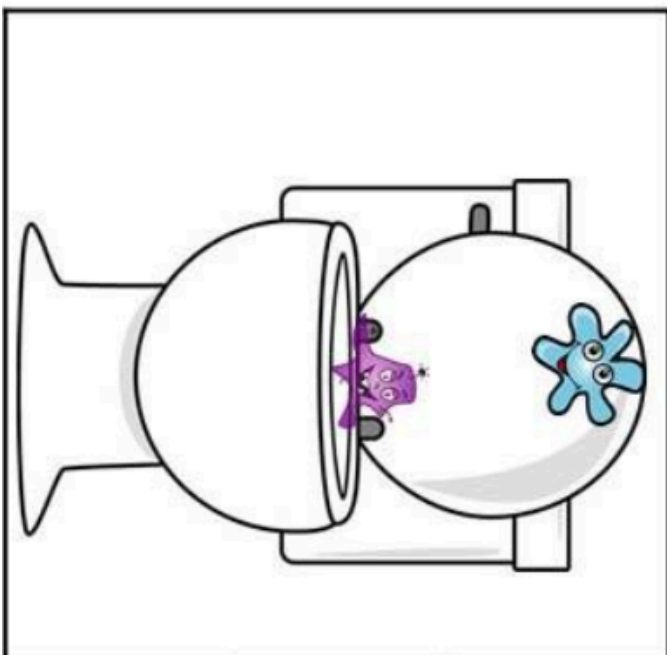
Please Wash Your Hands!



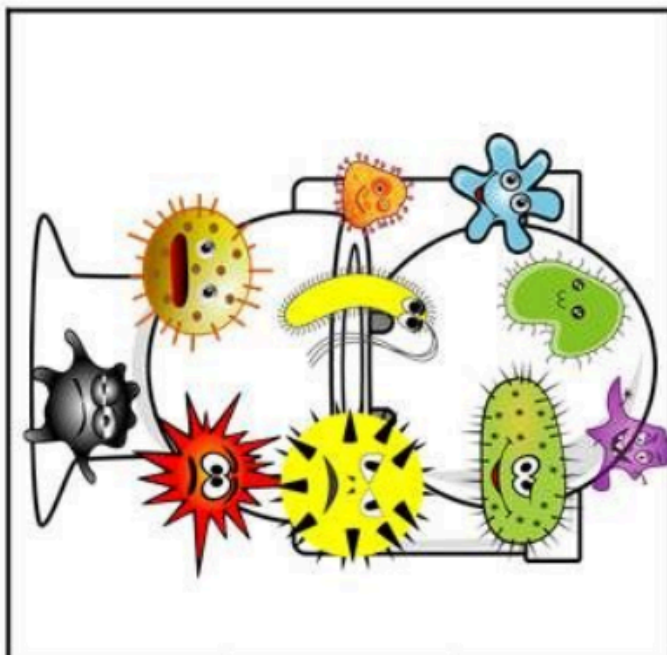
4	6	5
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3	5	2
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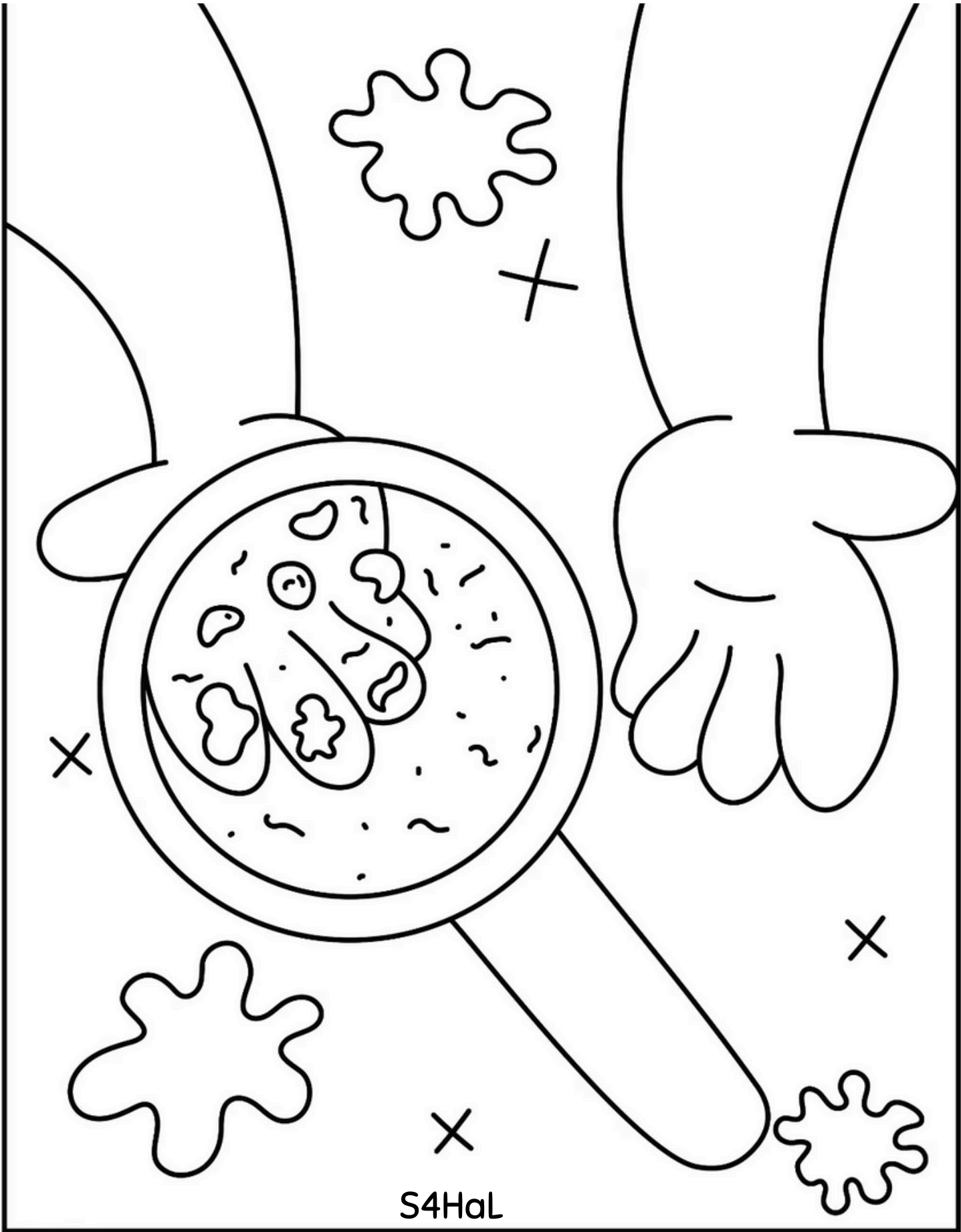


3	1	2
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7	10	6
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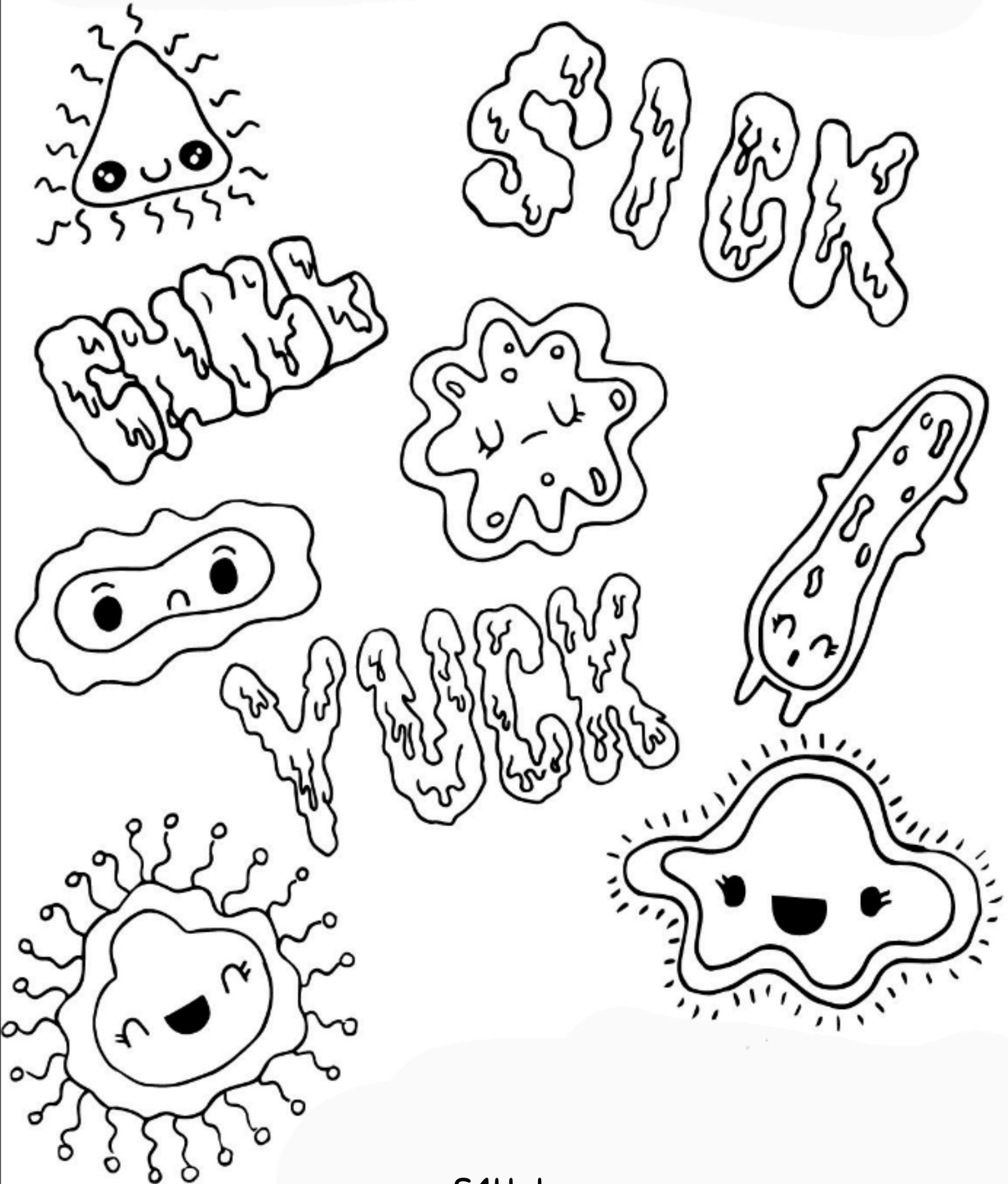
Count and color how many
GERMS you see.



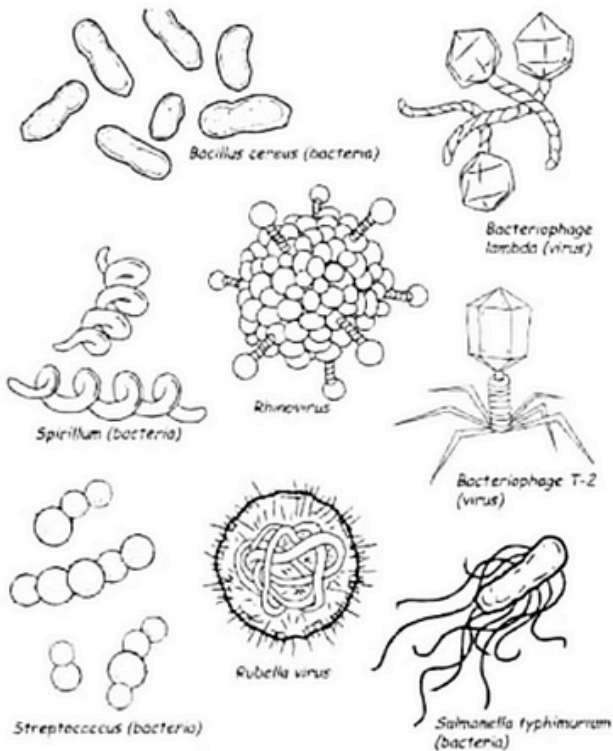
Circle each of the things where germs can live. color each of the things that help get rid of germs.



Draw a Picture of your own germ at the bottom , and remember to keep your hands away from your face and mouth or they'll make you sick!



Germs



Germs Are Not For Sharing

Germs are tiny living things called micro-organisms.

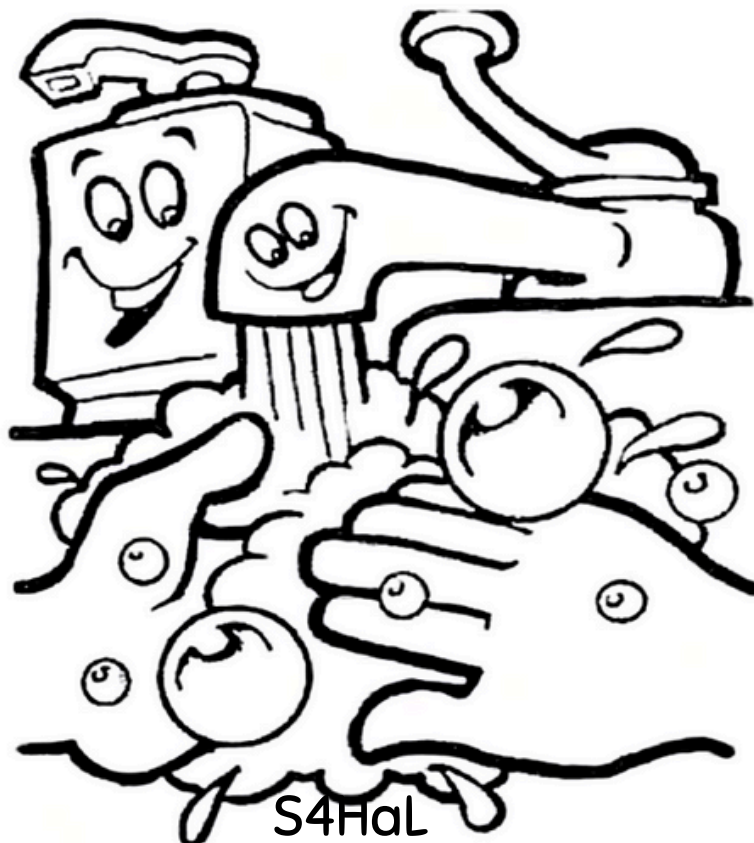
Germs cannot be seen with our eyes but they are all around us.

Germs can make us sick.

Germs are on our hands and in our mouths.

We spread germs when we touch things or put things in our mouths.

To properly clean our hands it should take about 15 seconds.



GERMS!

- Do germs make people sick?



YES



NO

- Can you see germs?



YES



NO

- Where are germs found?

1. _____

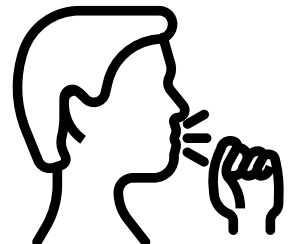
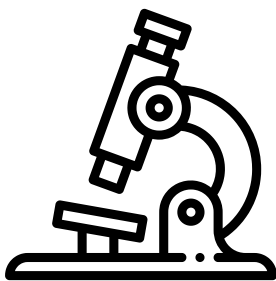
2. _____

- What can you do to prevent the spreading of germs?

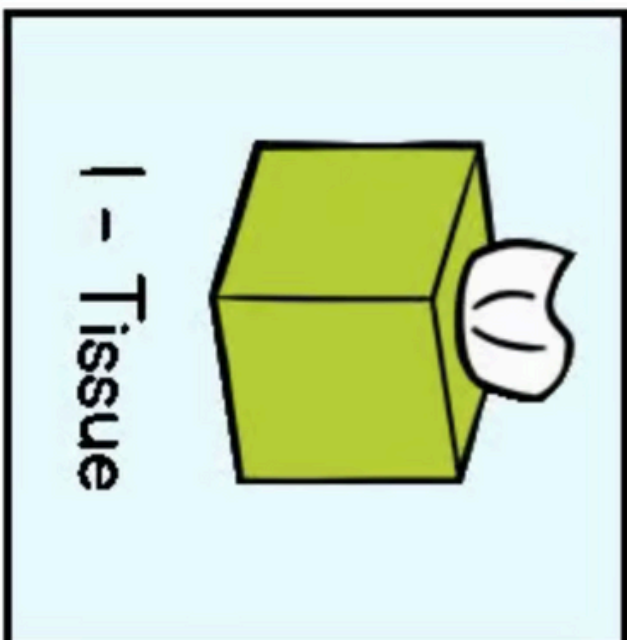
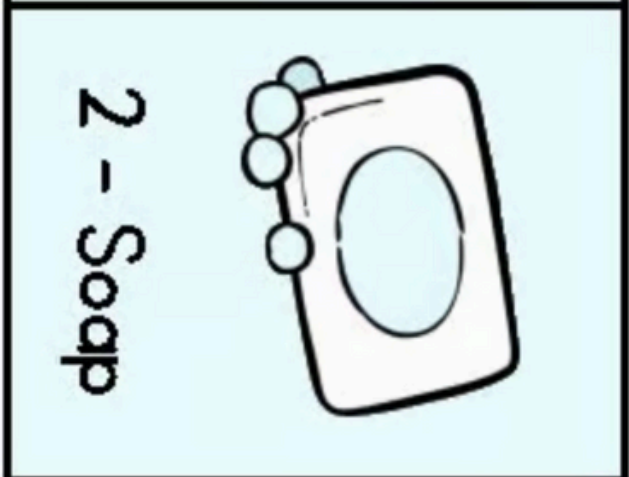
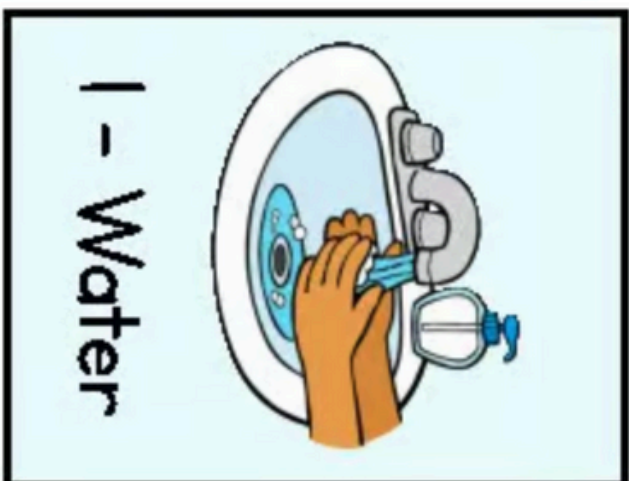
GERMS

Fill in the blank with the answers below.

1. Wash your hands with _____ and _____.
2. Brush your teeth _____ times a day.
3. Germs are so tiny, you need a _____ to see them.
4. Always cover your mouth when you _____.

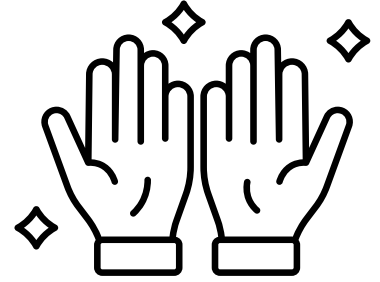


Cut out and place cards in the correct order.



Draw a picture of your hands before it was

washed and after;



Wash Your Hands: Before or After?

Before

After

WASHING HANDS WORD SEARCH

Find and circle the eight words in the puzzle below:

GERMS

DISEASE

SOAP

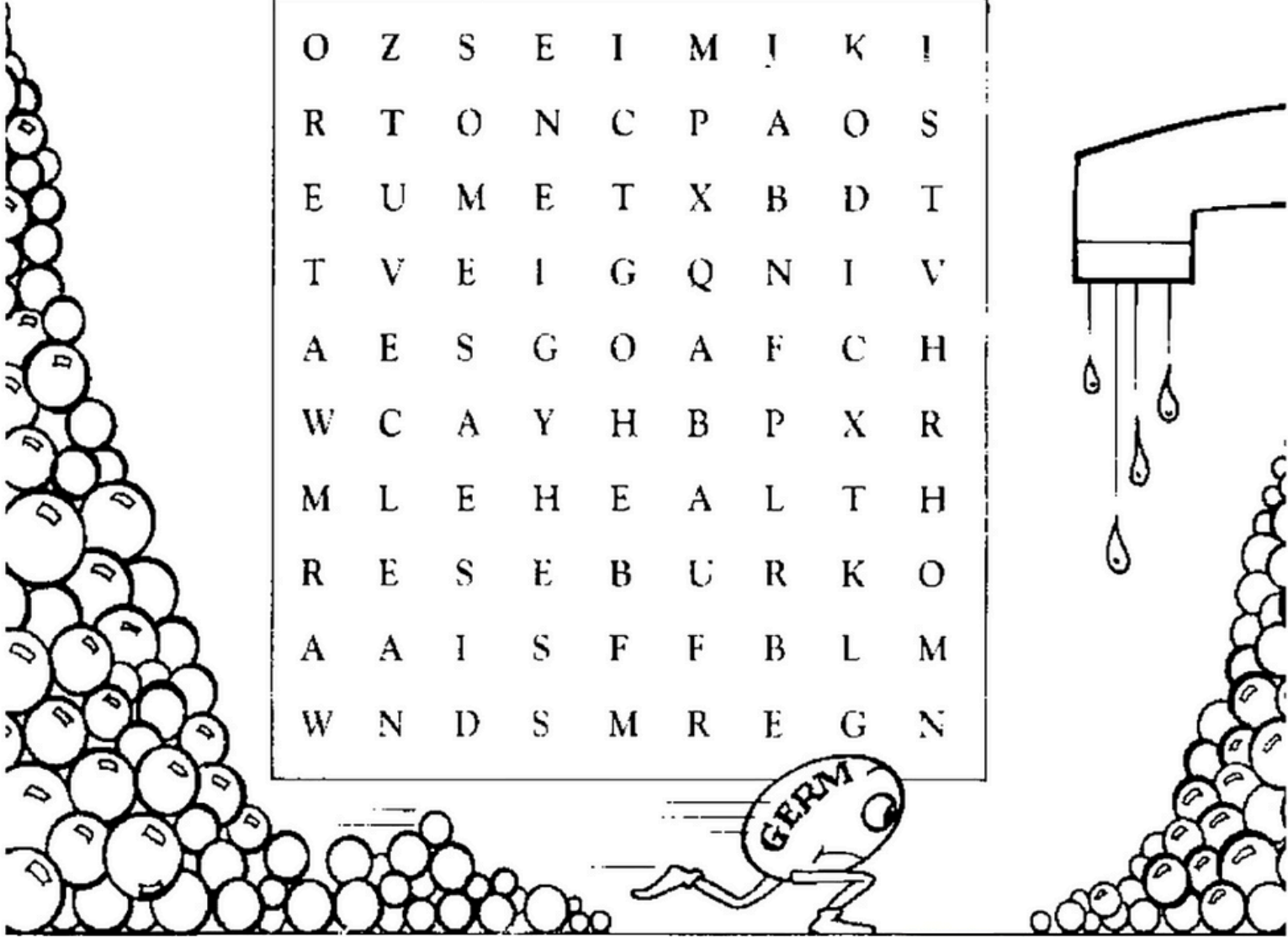
WASH HANDS

WARM WATER

HYGIENE

CLEAN

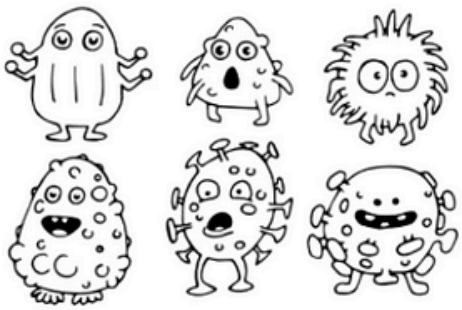
HEALTH



Name _____

I pledge to wash my hands

S4HaL



Germs

What are germs?

Germs are tiny, tiny little creatures that are so small you can't see them with your eyes. They are everywhere—on things we touch, in the air, and even on our skin! Some germs are good and help our body, but others can make us sick.



Fun fact:

Not all germs are bad! Some germs are actually really good for us. They're like little helpers inside our body that keep us healthy. These good germs live in places like our tummy and help us digest our food so we can get all the energy we need.



We can protect ourselves from germs by doing these. Colour true or false



Covering your mouth when your cough.

True

False



Washing your hands.

True

False



Sneezing without covering your nose.

True

False



Taking a bath at night or in the morning.

True

False



Keeping used tissues in your hand.

True

False

Complete the text with suitable words.

tissue

medicine

touch

share

air

soap

sick

sneeze

face

fever

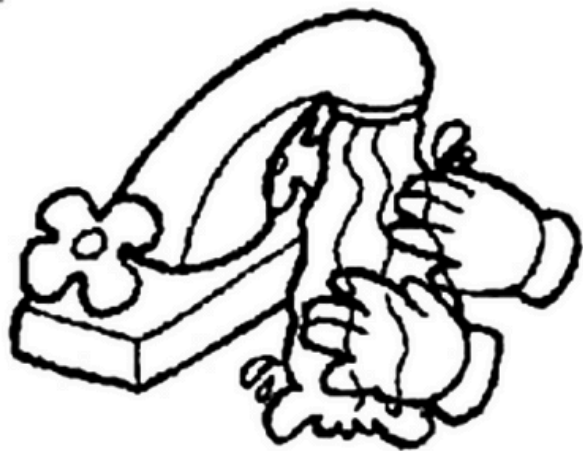
Germs can make you (1) _____. They spread through the (2) _____ when a person who is ill coughs and sneezes. You can get germs on your hands when you (3) _____ a person who has a cold or flu.

Don't spread germs!

- Cover your nose and mouth with a tissue when you (4) _____, cough or blow your nose.
- Always wash your hands with warm water and (5) _____.
- Stay home and rest if you have a cough and (6) _____.
- Take the (7) _____ the doctor gives you.

Keep the germs away!

- Wash your hands before eating or touching your (8) _____.
- Don't (9) _____ cups, cutlery or personal belongings with someone who has the cold or flu.
- Use a (10) _____ to blow your nose. Don't use a handkerchief.



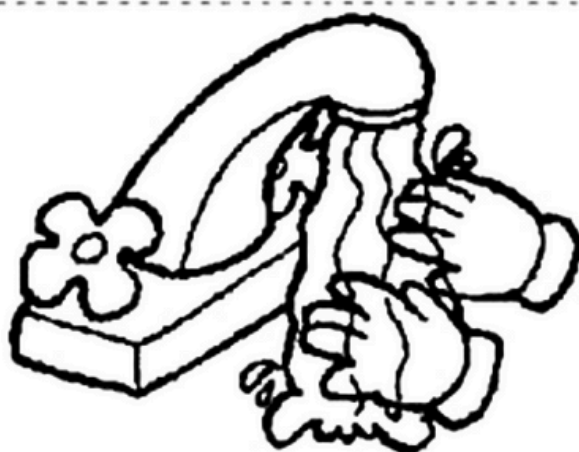
1. Wet your hands with water.



2. Add some soap.



3. Wash your hands with soap.



4. Rinse your hands with water.



5. Dry your hands with a clean paper towel.



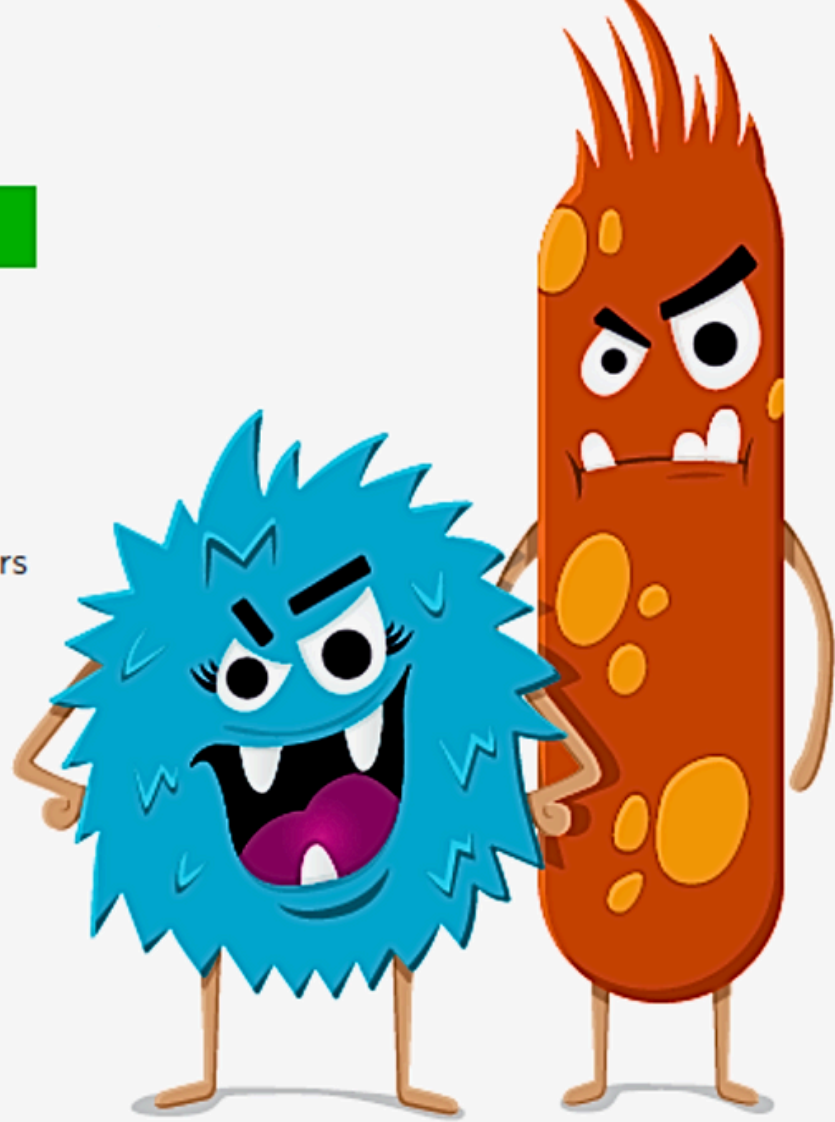
6. Throw the used paper towel in the trash.

Experiment:

see something that's invisible

Tiny bacteria in your mouth sure like the sugars you eat and drink. They use those sugars to cause cavities. But you can fight back! The best way is to brush twice a day with fluoride toothpaste for two whole minutes, floss daily between all of your teeth and visit your dentist regularly for cleanings!

Harmful bacteria are so small, you can't even see them in your mouth. So how do you know they are there? Try this experiment.



Here's what you need

- Lemon juice
- Water
- Bowl
- Spoon
- Sheet of white paper
- Old toothbrush
- Lamp or flashlight
- A grown-up to help



When your old toothbrush is too worn to clean your teeth, you can use it to paint or clean your shoes and computer keyboard.

Here's how to do the experiment

①

Mix some lemon juice and a few drops of water in the bowl with a spoon.

②

Dip the toothbrush in the lemon-water mixture and make a smiley face on the piece of paper.

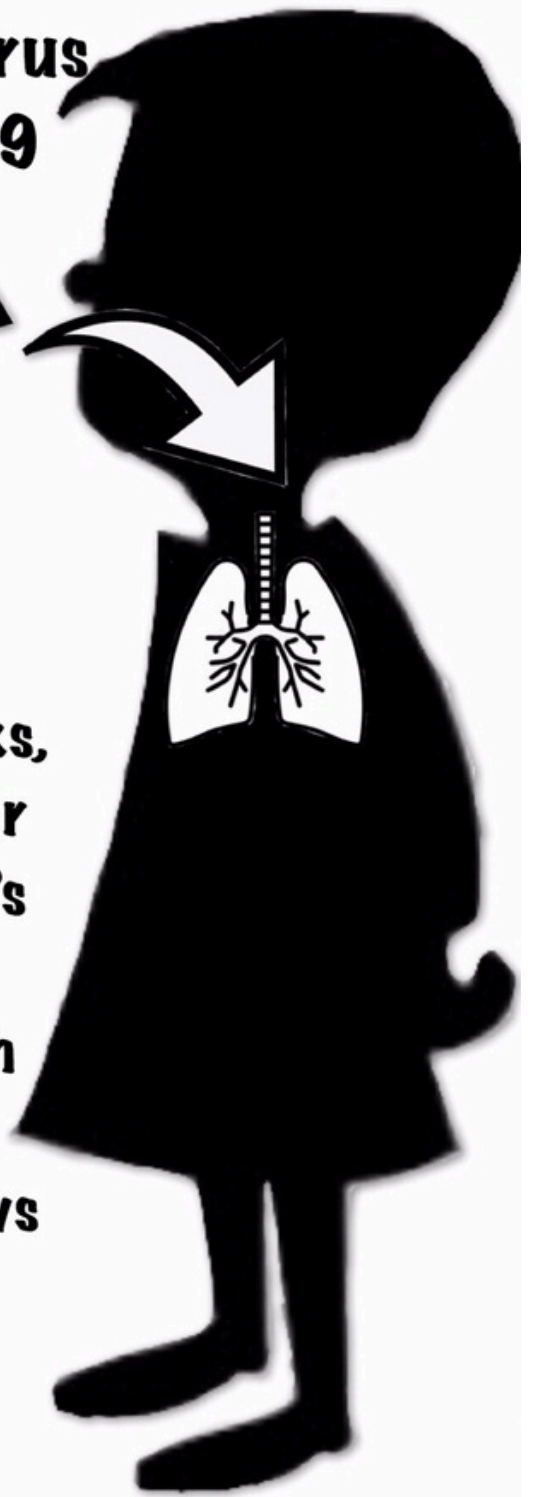
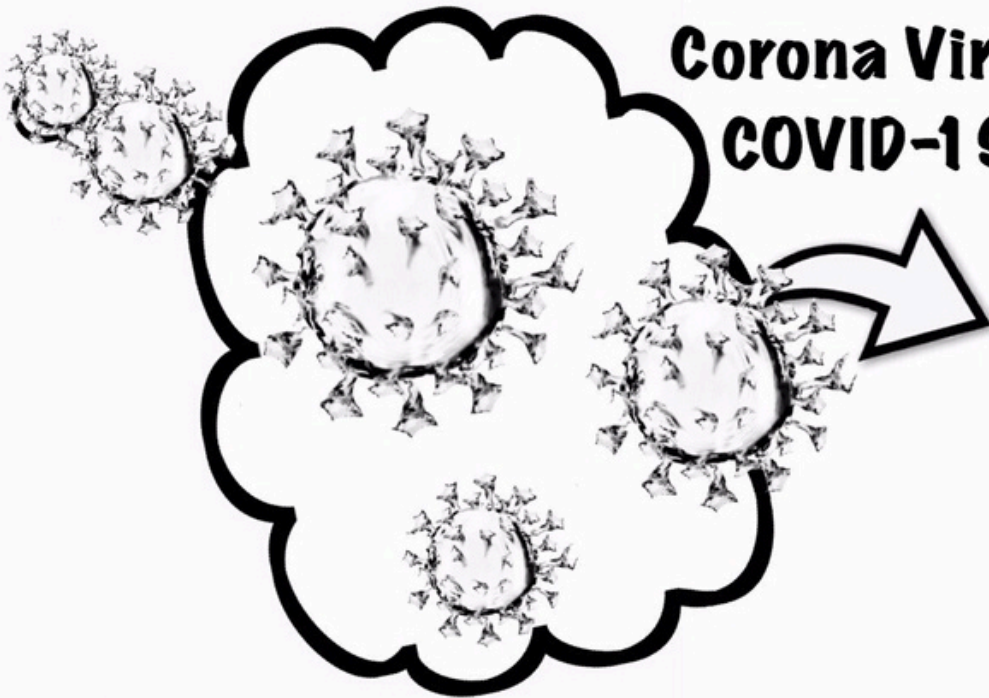
③

Wait for the paper to dry. Where did the smiley face go? It's invisible!

④

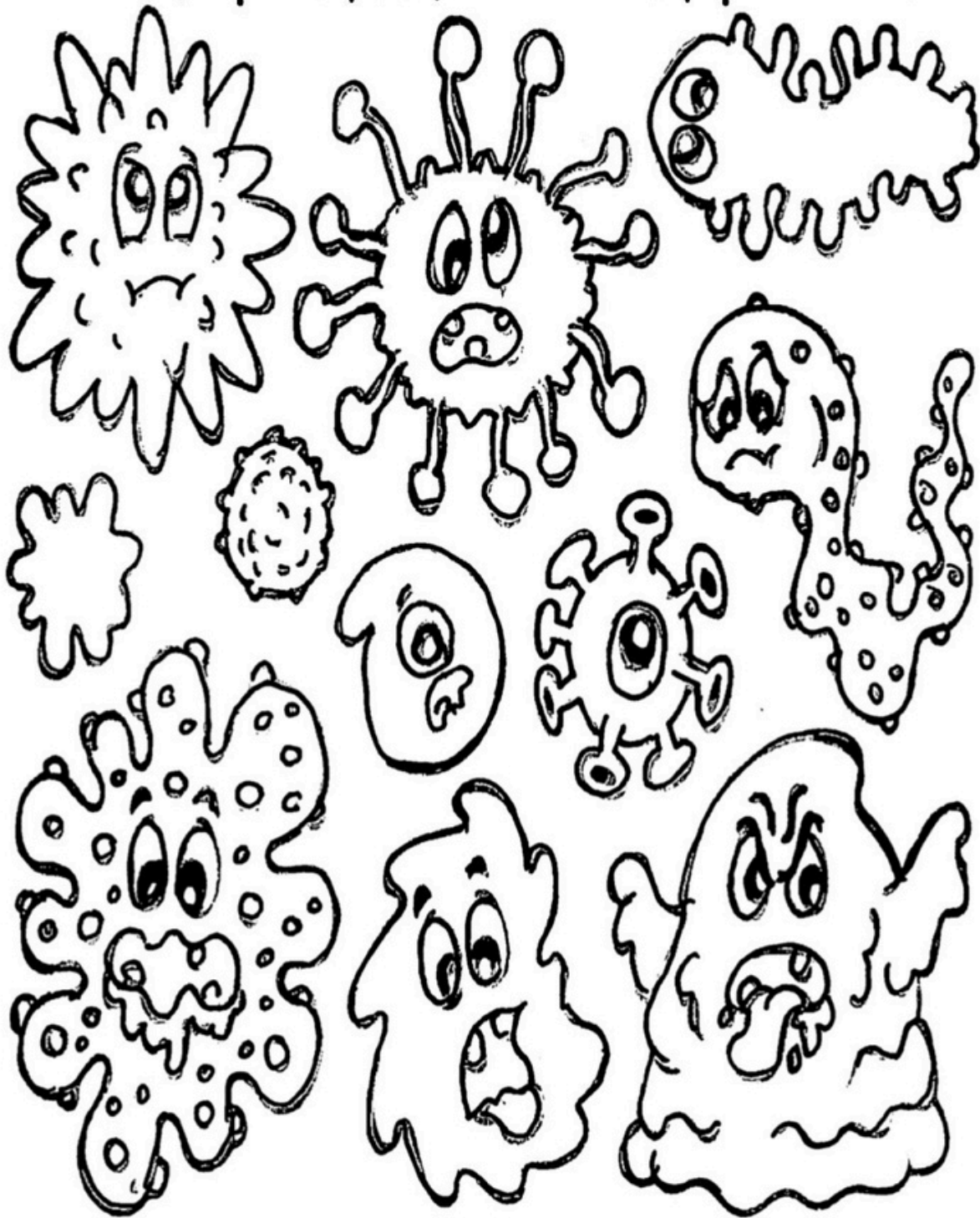
Hold the paper close to the light. It's magic — the smiley face is back!

Corona Virus COVID-19



*** When a sick person coughs or talks, virus particles can spray from their mouth or nose into another person's face. You're most likely to inhale these droplets through your mouth or nose, but they can also enter through your eyes. If the virus grows too much in the lungs, it can make it hard to breathe. That is called pneumonia.**

GERMS ARE



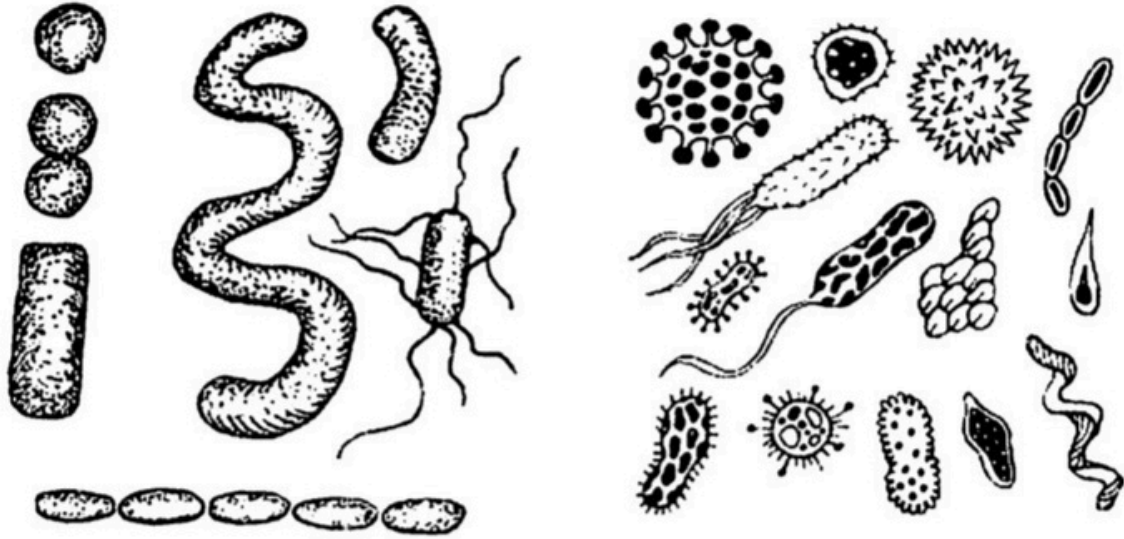
ICKY!

BAD GERMS MAKE US SICK



GOOD GERMS HELP OUR BODIES CALLED BACTERIA, IT LIVE IN OUR INTESTINES AND HELP US USE THE NUTRIENTS IN THE FOOD WE EAT AND MAKE WASTE FROM WHAT'S LEFT OVER.

BE CAREFUL!



THERE ARE GOOD GERMS AND BAD GERMS



GERMS ARE EVERYWHERE!



Unscramble the Vocabulary



_____neicvca

_____sumucs

_____tepvern

_____lecl

_____sruiv

_____carebirat

_____hocug

_____narlterbiocia

_____pecromic

_____rbicat

1. vaccine

2. bacteria

3. Microscope

4. Antibiotic

5. cough

6. Antibacterial

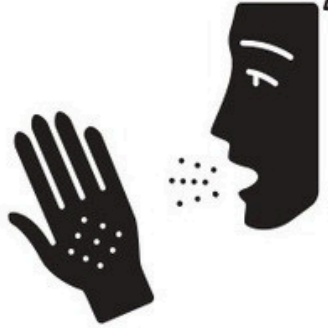
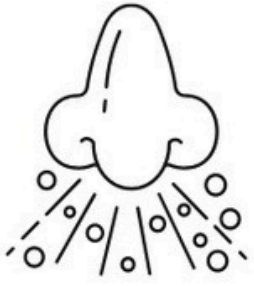
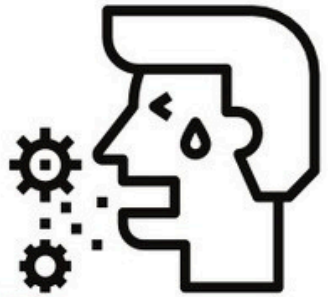
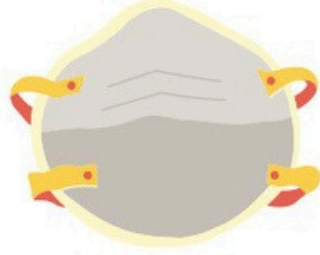
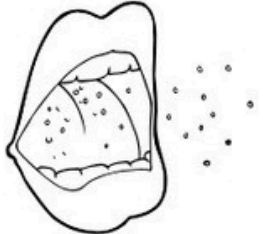
7. Virus

8. Mucus

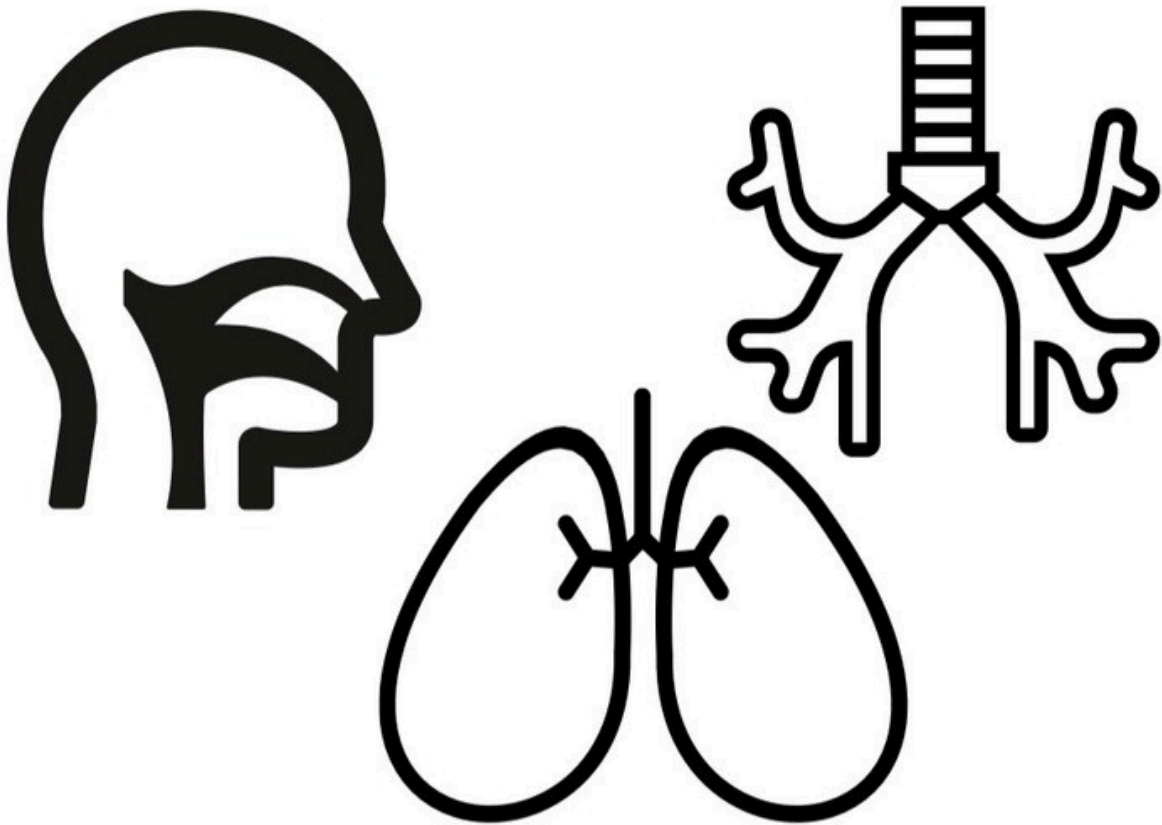
9. Prevent

10. Cell

CIRCLE ALL THE WAYS TO STOP GERMS FROM SPREADING

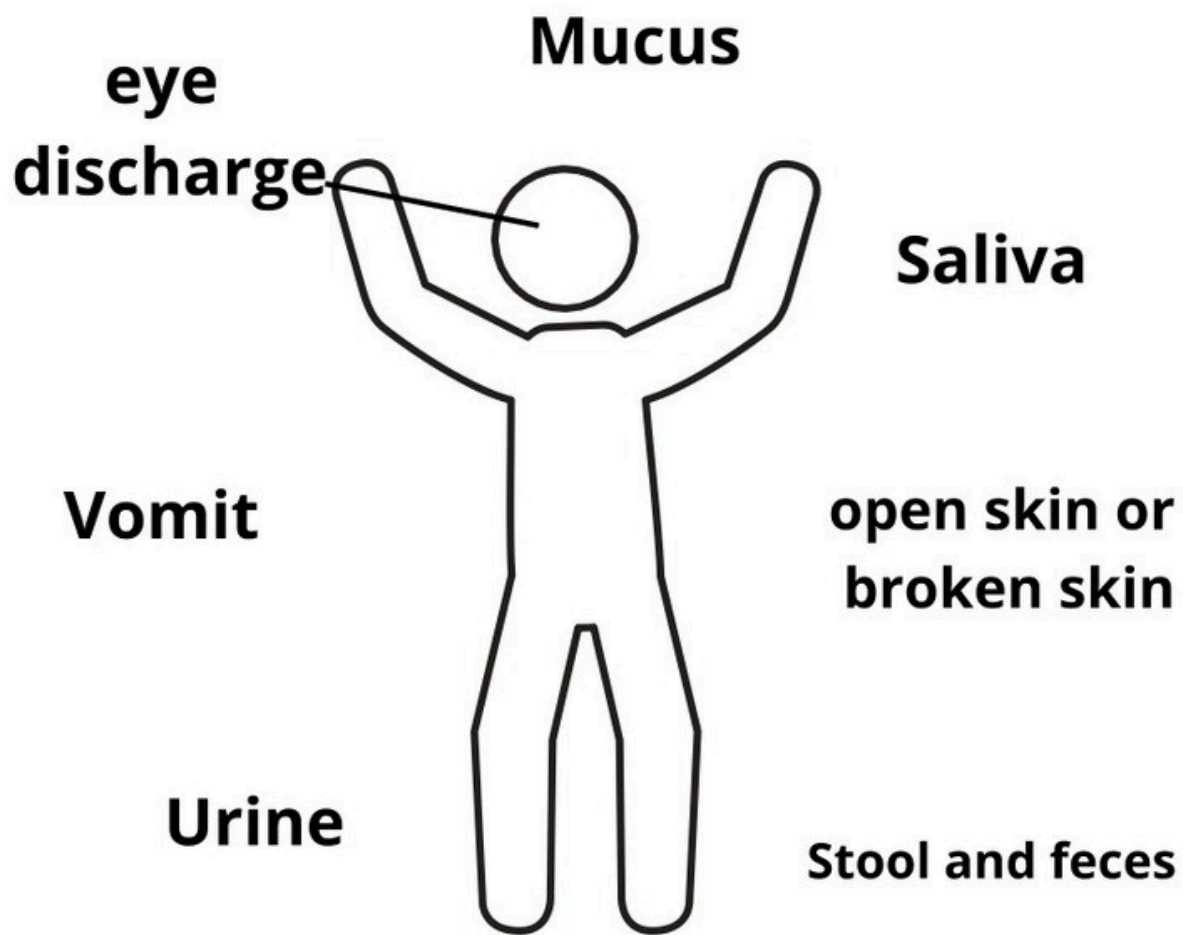


Draw an arrow to where the germs enters through the Respiratory System and make people sick



Infectious diseases are caused by germs – viruses, bacteria or other pathogenic microbes. Germs that can infect the respiratory system – lungs, throat, airways – can often be spread through mucus and saliva (also known as "respiratory secretions") expelled when a person coughs, sneezes, talks or laughs. Some of these germs are spread through droplets small enough to remain suspended in the air and travel over long distances

Germs can be found in Body fluids such as:



Connect a line to the body

Draw a circle around the GOOD HABITS



Draw an X on the POOR HABITS



Taking a bath or shower every day

Eats lots of sugary foods



Do not cover mouth when sneeze or cough



plays with video games all of time



visits the doctor or dentist



Eats food from all food group



Don't wash hands after using the bathroom



Dosen't try any new food



Respects Others



Elbow sneeze of cough



Don't wash hands after touching a pet



Don't like to brush your teeth

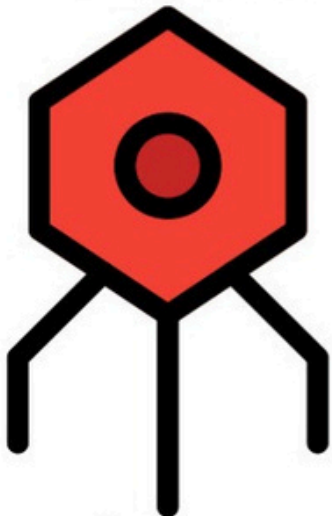




Fungi (fun-guy



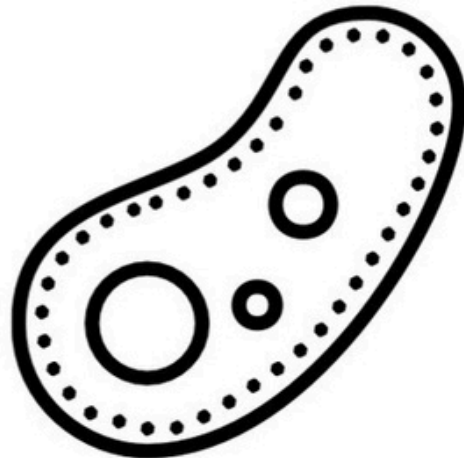
Virus



Bacteria



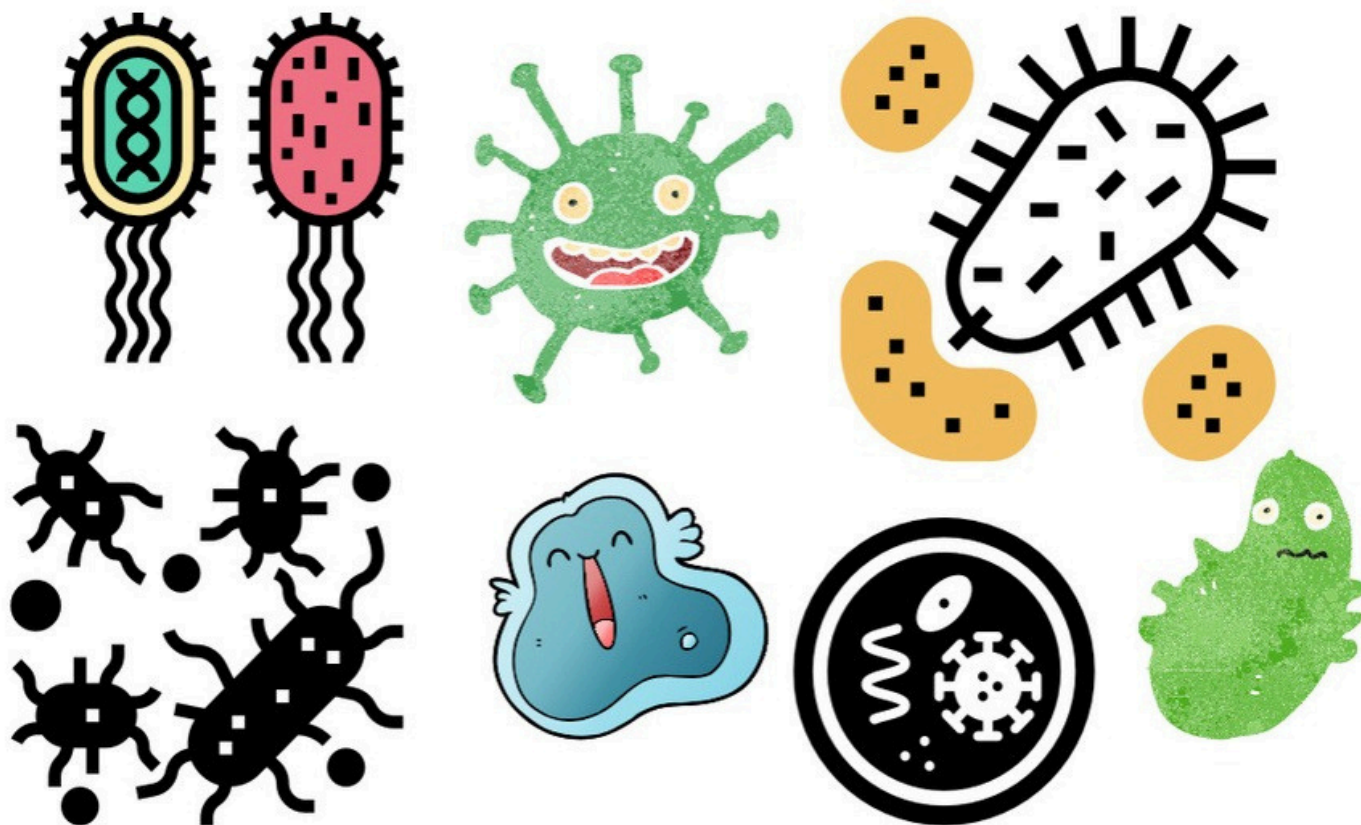
Protozoa



Counting Germs

AN ADDITION GAME

Directions: Count how many germs you see. Write the answers at the box provided below.



germs
with
tails

germs
without
tails

When you get sick, what should you do to get better?

Put a checkmark

